

# MDSS Track and Field Timetable Overview – 2018

<b>Day One</b>							
	<b>13 Years</b>	<b>14 Years</b>	<b>15 Years</b>	<b>16 Years</b>	<b>17 Years</b>	<b>OPEN Years</b>	<b>Para Athletes</b>
<b>Block 1</b> <b>9:30</b>	Hurdles						
<b>Block 2</b> <b>10:15</b>	200m						
<b>Block 3</b> <b>10:50</b>	1500m						
<b>Block 4</b> <b>11:40</b>	100m						
<b>Block 5</b> <b>12.20</b>	400m						
<b>Block 6</b> <b>1:10</b>	4 X 100 Relays						

<b>Day Two</b>							
	<b>13 Years</b>	<b>14 Years</b>	<b>15 Years</b>	<b>16 Years</b>	<b>17 Years</b>	<b>OPEN Years</b>	<b>Para Athletes</b>
<b>Block 1</b> <b>9:30</b>	DISC	JAV	TJ	LJ	SHOT	HJ	HJ
	<i>OPEN 3000m Boys and Girls</i>						
<b>Block 2</b> <b>10:10</b>	HJ	DISC	JAV	TJ	LJ	SHOT	SHOT
	<i>9:50am 15and Under 3000m Boys and Girls</i>						
<b>Block 3</b> <b>10:50</b>	SHOT	HJ	DIS	JAV	TJ	LJ	LJ
<b>Block 4</b> <b>11:30</b>	LJ	SHOT	HJ	DIS	JAV	TJ	TJ
<b>Block 5</b> <b>12:10</b>	TJ	LJ	SHOT	HJ	DIS	JAV	JAV
	<i>800m</i>						
<b>Block 6</b> <b>12:50</b>	JAV	TJ	LJ	SHOT	HJ	DIS	DIS
<b>Block 7</b>	Presentations						